

HEALING TOUCH

With
Karyn Fulton



Janet Mentgen, RN, and BSN developed Healing Touch. Her program was sponsored by the American Holistic Nurses Association and is now taught throughout the United States, Canada, Mexico, Netherlands, Germany, Finland, Trinidad, Peru, Nicaragua, Australia, New Zealand, Europe, South Africa and South America.

Healing Touch is a compassionate energy therapy in which practitioners use their hands in a heart-centered and intentional way to support and facilitate your physical, emotional, mental and spiritual health and self-healing. Healing Touch uses gentle, light or near-body touch to clear, balance, energize and support the human energy system in an effort to promote healing for the whole person: mind, body & spirit. Beneficial for reducing pain, anxiety, stress,

depression, support during chemotherapy, strengthens the immune system, creates a sense of well-being, reduces the effects of trauma and chronic pain, enhances recovery from surgery, deepens spiritual connection, and supports the dying process.

You will be fully clothed in the session, receiving light touch or hands above the body. Your job is to fully relax as much as possible to allow your body to access the place of its own natural healing.

For appointments call:

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