



Vibrational Therapy with Tibetan Singing Bowls

Sound Healing is energy medicine, or vibrational therapy using Traditional Tibetan Metal Singing Bowls.

Expect to lay on a table fully clothed through three sets of patterns

- Relaxation Set
- Healing Set
- Chakra Balancing Set

Our bodies are made up of water as much as 70%, and when I strike a singing bowl next to your body, the vibration makes a “mandala” (a pattern) in your body and cells, which is relaxing and healing.

If you have specific health issues, Cindy will customize session just for you

45 min - \$35.00 (meet at the motorhome, upper campsite)

Cindy - concentrating on gratitude and respect (I will customize session just for you if you have specific health issues you'd like to focus on)